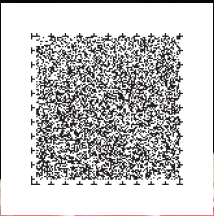




地域子育て支援センターでは、制作体験やふれあい遊びを通して、親子のコミュニケーションを深め、みんなで楽しい時間を過ごす「みんなあつまれ いわでっ子」を開催しています。

At the Child-rearing Support Center, we hold "Minna Atsumare Iwadekko" where parents and children can deepen communication and have a good time together through production experience and play.



## 第4章 元気で健康なまちづくり

個人の尊厳が守られ、自立した生活がおくれるよう、子育て支援、保健・医療制度、国保・介護・障害福祉サービスの充実に取り組み、生きがいを持ち、「元気で健康なまちづくり」に取り組みます。

### Chapter 4 Creating an energetic and healthy town

In order to protect the dignity of individuals and lead an independent life, we will work to enhance child-rearing support, health / medical system, national insurance / nursing / disability welfare services, and work on "energetic and healthy town development" that is worth living.



### 1 いきいきと健康に暮らせるまち

#### ■健康づくりの推進

いつまでも元気で健康に暮らせるよう、健康教育及び相談の充実に努めます。市民一人ひとりの健康意識の向上を図るとともに、検診受診率向上に取り組みます。

#### ■地域医療体制の充実

公立那賀病院を地域医療の核とし、那賀圏域における医療機関及び医師との連携強化に努めます。市民が安心してサービスを受けることのできる地域医療体制、救急医療体制の充実に取り組みます。

#### ■高齢者福祉の充実

高齢者が地域でお互いを助け合い、喜びや生きがいを共有し、健康でいきいきと生活できるよう、社会参加や地域交流活動の推進に努めます。ひとり暮らし高齢者等の把握と見守り支援に取り組みます。

#### ■障害者福祉の充実

障害のある人への理解や障害者差別の解消など、誰もが尊重し合える共生社会の実現を目指します。障害のある人が自分らしく、個々の個性と能力を最大限に発揮し、様々な活動に参加できるよう、日常生活を支えるための各種サービスの提供や自立を支援できる体制強化に取り組みます。

#### 1 A town where you can live lively and healthy

##### Enhancement of health promotion

We will endeavor to enhance health education and consultation so that we can live a healthy and lively life forever. We will work to raise the health awareness of each and every citizen and to improve the rate of screening and consultation.

##### Enhancement of regional medical system

With the public Naga Hospital as the core of regional medical care, we will strive to strengthen cooperation with medical institutions and doctors in the Naga area. We will work to enhance the regional medical system and emergency medical system so that citizens can receive services with peace of mind.

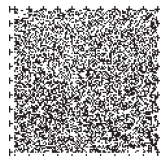
##### Enhancement of welfare for the elderly

We will endeavor to promote social participation and community exchange activities so that the elderly can help each other in the community, share joy and purpose of life, and live a healthy and lively life. We will work to reach the elderly living alone and support watching them over.

##### Enhancement of welfare for persons with disabilities

We aim to realize a symbiotic society in which everyone can respect each other, such as understanding people with disabilities and eliminating discrimination against persons with disabilities. In order for people with disabilities to be able to maximize their individuality and abilities and participate in various activities, we will work to strengthen the system that can provide various services to support their daily life and support their independence.

- ①市民ふれあいまつり
- ②公立那賀病院
- ③ねんりんピック紀の国わかやま 2019 ベタンク交流大会







## 2 社会保障制度の充実したまち

### ■保険・医療制度の充実

国民健康保険では、生活習慣病の増加などによる医療費増加を抑制するため、特定健診や人間ドックなどの保健事業を積極的に推進します。公平・平等な税負担を確保するため、適正な賦課と徴収率向上に努めます。

### ■介護保険の充実

高齢者が住み慣れた地域で生活できるよう、介護、予防、医療、生活支援等を担う多様な主体が連携し、生活を包括的に支える「地域包括ケアシステム」の構築に取り組みます。

### ■生活困窮者への支援

生活困窮者に対し、その困窮の程度に応じて必要な保護や支援等を行い、健康で文化的な最低限度の生活を保障し、社会的・経済的な自立を助長します。

### 2 A town with a well-developed social security system

#### Enhancement of insurance and medical system

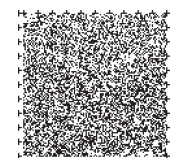
The National Health Insurance will actively promote health services such as specific medical examinations and human docks in order to curb the increase in medical expenses due to the increase in lifestyle-related diseases. In order to ensure a fair and equal tax burden, we will strive for proper imposition and improvement of collection rate.

#### Enhancement of long-term care insurance

We will work to build a "comprehensive community care system" that comprehensively supports lives of elderly people in collaboration with various actors responsible for long-term care, prevention, medical care, and life support so that they can live in the areas they are accustomed to living in.

#### Support for people in need

We will provide necessary protection and support to people in need according to their degree of need, guarantee a healthy and cultural minimum life, and promote social and economic independence.



①「岩上げんき体操」でいきいき運動を楽しむ  
②成人健診  
③骨密度測定

## 3 産み育てることのできるまち

### ■子育て支援の推進

全ての子どもが健やかに成長でき、安心して子どもを産み育てることができるよう、妊娠・出産期からの切れ目のない継続的な支援に努めます。地域が一体となった子育て支援体制づくりと子どもの最善の利益を保障する環境づくりに努めます。

### ■保育環境の充実

子どもたちが地域で充実した幼児教育や保育が受けられるよう、それぞれの家庭事情にそった支援策を推進し、実施施設等の運営を支援します。

### 3 A town where you can give birth to and raise children

#### Promotion of child-rearing support

We will endeavor to provide continuous support from the period of pregnancy and childbirth so that all children can grow up healthy and can be born and raised with peace of mind.

#### Enrichment of childcare environment

We will promote support measures according to each family situation and support the operation of implementation facilities so that children can receive fulfilling early childhood education and childcare in the area.



①乳幼児健康診査  
②地域子育て支援センター おひるねアート  
③保育所クリスマス会

